

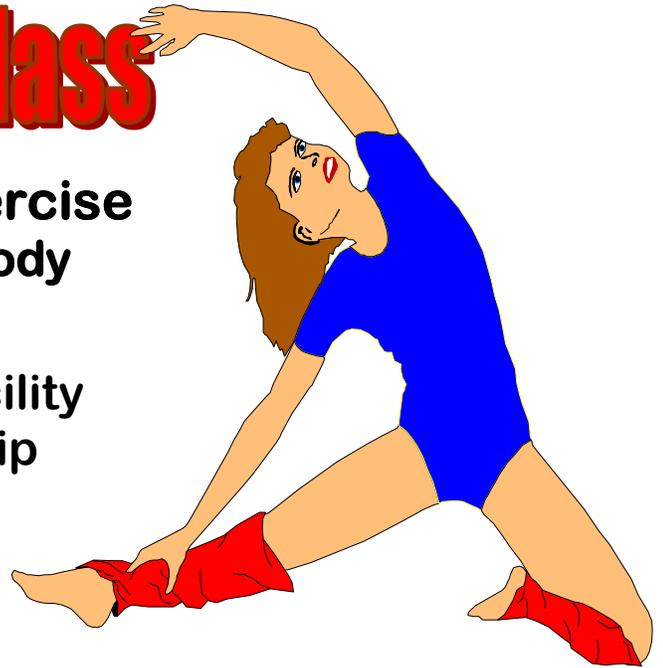
Lite & Lively

Fitness Class

Low Impact Aerobic Exercise
For Upper & Lower Body

Bradys Run Park Recreation Facility
(Ice Arena) Brighton Township

18 years of age and up



Classes Begin
September 12, 2011

Mondays 6:30-7:30p.m.

Wednesdays 7:30 to 8:30 p.m.

Pre-registration & Payment is

Required

\$48.00 For 6 Weeks -Two Classes Per Week

Classes are limited to (20) people on a first come basis.

For Registration Information Call 724/770-2060

Registration Deadline by **Friday, September 9, 2011.**